

COLORADO CHAPTER NATIONAL HEMOPHILIA FOUNDATION



MARCH 2021

PROGRAMS UPDATE

[VIEW WEBSITE](#)

STATE ADVOCACY DAY THURSDAY, APRIL 22ND AT 6:00 PM



State Advocacy Day is one of the major highlights of involvement with your local chapter. This is an opportunity to meet with your own local representative to share with them what it is like living with a chronic bleeding disorder.

During this year's State Advocacy Day we will be hosting an evening event welcomed by Senator Ginal and Representative Mullica before being brought into district specific breakout rooms. NHF will team up with others to provide a meaningful training at 5:15 PM. There will also be a recorded training and live Q&A time available with chapter staff for support and questions.

Training is followed by an evening at the Capitol where advocates meet with their elected officials to educate them about hemophilia and related bleeding disorders. Constituents may visit representatives for various reasons including to educate

them, build relationships, thank them, and advocate for or against a piece of legislation.

Dinner included! Community members who attend will not only have the opportunity to meet and connect with their local legislator, they will receive a \$50 GrubHub gift card to enjoy!

Register for State Advocacy Day

QUARTER ONE COMMUNITY EVENTS



Paradise Paint

March 11th, 2021 women across the state gathered virtually to create their own piece of paradise. Thank you to our sponsor Novo Nordisk for making this possible. Special thank you to Molly McCabe for leading this artistic evening.



Future Leader Advocacy Summit

Teens across Nebraska, Montana, Wyoming and Colorado gathered on Thursday, March 18th for the first ever, Future Leader Advocacy Summit. Together we learned many different ways on how to use your voice and advocate.

BACKPACKS + BLEEDERS

To continue to help empower the members of the community Backpacks + Bleeders have partnered with **Always Choose Adventure** to do just that. ACA is a local non-profit that strive to provide tools, training, confidence, and assistance to create a solid foundation of activity, adventure, and appreciation for the outdoors. Since 2016 the group has been helping individuals with chronic disorders get off the couch and outdoors for *FREE or affordable rates for all*.

The annual membership fee of \$80 **will be bypassed** for Backpacks + Bleeder members when you [complete this form](#). That's right, your ACA membership will be **FREE!** Community members will have the opportunity to receive an Always Choose Adventure membership by opting into a special mailing list and submitting a photo and/or a written testimony that represents what getting active with a bleeding disorder means to you. With your FREE membership you'll gain access to gear rental at low or now cost, guided activities like ice climbing and meeting individuals with different chronic diseases.

We look forward to continuing to get active with you as we find ourselves joining together.



Community Cycle Event

May 22nd 11:00AM

Washington Park

Bicycle rentals are available per request



Fly Fishing Clinic

September 25th

Boxwood/Long Meadow Ranch



Hike a 14ner - Mt. Sherman

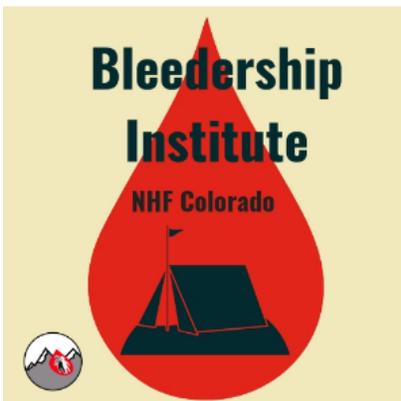
August 7th-8th

Optional camping the night before

CAMP ON THE HORIZON

Camp season is around the corner! Seasons are changing and so are the local health regulations everyday. One thing we do know is that we are committed to gathering families and campers as safe as possible across the state of Colorado to experience camp - virtually, in person or possibly both.

In order to provide the best experience we need **YOU!**



Register Today!

BLEEDERSHIP INSTITUTE CAMP COUNSELOR TRAINING APRIL 26TH OR APRIL 30TH

Are you interested in helping campers grow and learn within the bleeding disorder community? Here is an opportunity for you! Spending time out of your summer as a Bleedership Counselor at Mile High Summer Camp is a rewarding and demanding job that can change your life forever.

It is a vital portion of Mile High Summer Camp to have experienced volunteers to provide a safe and positive camp experience for our campers. Individuals interested in volunteering must be at least 19 years of age; past camp experience is desirable but not required. Responsibilities may include either or both virtual or in person roles like: participating in the daily camp program along with their assigned cabin, assisting in the implementation of evening activities, participating in camp-outs, and assisting cabin counselors with facilitating routines or schedules for their assigned cabin.

BLEEDERSHIP IN TRAINING MAY 19TH

The Leadership Group (teens 14-17) are an important part of life at Mile High Summer Camp. Former campers exhibiting strong leadership skills can apply for the specially designed training program which acts as a stepping stone to a Bleedership position. The Leadership Program will learn about positive behavior management, relating with other staff on a professional level and maintaining a safe and happy environment for campers.





FAMILY CAMP JUNE 12-13TH

Family Camp provides an opportunity for families affected by bleeding disorders to bond and build life long connections with other families and peers. Participants will have a chance to meet others in their home state that are experiencing some of the same health issues, helping them to develop a stronger support system and benefit from the emotional health of individuals within a family unit.

NHF Colorado Staff, Board of Directors and Medical Team are closely monitoring the COVID-19 situation. Right now, we are planning to host an in-person OR virtual Family Camp June 12-13th at Highlands Camp.

SAVE THE DATE FOR JUNE 12-13TH FOR A FAMILY CAMP EXPERIENCE!

UPCOMING EVENTS

April 7 - Education Series: Spanish language program
April 22 - Advocacy Statehouse Day
April 26th and 30th - Bleedership Training
May 6th - Women's Group
May 12th - Town Hall presented by NHF CO and HTC covering
May 19th - Leadership: Camp Counselors in Training
May 22 - Backpacks + Bleeders Cycling
June 11th-13th - Family Camp

MEET JAMES

He has hemophilia A and recovered from 2 major surgeries.*

[READ HIS STORY >](#)

HELLO FACTOR

Takeda

*Every patient's experience may be different.
Copyright © 2020 Takeda Pharmaceutical Company Limited, 300 State Way, Lexington, MA 02421, 1-800-428-2888. All rights reserved. HELLO and the HELLO logo are trademarks or registered trademarks of Takeda Pharmaceutical Company Limited. US-4826-1792v1.6 08/20

Our Contact Information

- *{{Organization Name}}*
- *{{Organization Address}}*
- *{{Organization Phone}}*
- *{{Organization Website}}*

{{Unsubscribe}}

